

# Semen Analysis

## Please follow these instructions carefully

### Instructions

1. Collect specimen a minimum of 2 days and a maximum of 7 days after your last ejaculation.
2. Collect the **ENTIRE** sample by means of masturbation. Other methods, such as interruption of intercourse, are not suitable as there can be loss of the first portion of the specimen.
2. **DO NOT** use condoms, artificial lubricants, talcs, etc, as these will interfere with the test.
4. Collect the specimen in the specially provided container.
5. Label container with your:
  - Surname
  - Given Name
  - Date of Birth
  - Time and Date of Collection
6. For both Fertility and Post Vasectomy Testing, please deliver to your nearest Dorevitch Laboratory listed overleaf **within 45 minutes** of collection.

## Please complete the following and deliver with the specimen and doctor request form

Patient Surname: \_\_\_\_\_

Patient Given Name: \_\_\_\_\_

Patient Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Date Collected: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Time Collected: \_\_\_\_\_ am/pm

Test for:  Fertility  Confirmation of Sterility after vasectomy

### FOR FERTILITY:

Number of days of abstinence \_\_\_\_\_ Is this a complete collection?  Yes  No

If NO, which part of specimen was lost?  1st portion  2nd portion

### AFTER VASECTOMY:

**You must wait 12 weeks and 20 ejaculations before providing a specimen.**

Referring Doctor: \_\_\_\_\_

### LAB USE ONLY:

LAB NO
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## Speciman Drop Off Locations

**Please see overleaf for your nearest Dorevitch Laboratory sample drop off locations.**

# Semen Analysis Speciman Drop Off Locations

## DROP OFF

METROPOLITAN LABORATORY SITES FOR DROP OFF ONLY		
Location	Post-Vasectomy Testing	Fertility Testing
Central Laboratory Heidelberg, 18 Banksia St	Mon - Fri: 8:00 -19:00 Sat & Sun: 8:00 -16:00	Mon - Fri: 8:00 -16:00 Sat & Sun: 8:00 -16:00
Footscray - Western Hospital, 160 Gordon St	Mon - Fri: 8:00 -16:00	Mon - Fri: 8:00 -16:00
Frankston Hospital, 2 Hastings Rd,	Mon - Fri: 9:00 -17:00 Saturday: 9:00 -12:00	Mon - Fri: 9:00 -17:00 Saturday: 9:00 -12:00

## BOOKINGS

Bookings are available at our Moreland laboratory onsite collection room, please call 03 9386 5361

REGIONAL DROP OFF SITES		
Location	Post-Vasectomy Testing	Fertility Testing
Ballarat - Ballarat Health Service, 1 Drummond St	Mon - Fri: 9:00 -17:00	Mon - Fri: 9:00 -17:00
Portland - Portland Hospital, 141-151 Bentinck St	Mon - Fri: 9:00 -16:00	Mon - Fri: 9:00 -16:00
Traralgon - Latrobe Regional Campus , 10 Village Ave	Mon - Fri: 8:00 -16:00	Mon & Tue only: 8:00 -16:00
Warragul - West Healthcare Group, 41 Landsborough Rd	Mon - Fri: 9:00 -17:00	Mon - Fri: 9:00 -17:00
Wangaratta - Northeast Health Wangaratta, 35-47 Green St	Mon - Sun: 8:00 -17:00	not performed
West Albury - Albury-Wodonga Specialist Centre, Unit 1/2 Ramsay Pl	Mon - Fri: 9:00 -17:00	Mon - Fri: 9:00 -17:00

Samples will still be processed if dropped off outside these times and locations, however, in these cases no guarantee can be given that samples will be examined within the recommended timeframes. In this instance, you may need to visit your doctor again to repeat the request and supply a new sample.