

Collection of Faeces for Reducing Sugars/Substances

Requires one specimen only.

Your doctor should advise fasting time when supplying the pathology request form. If you are unsure of the fasting time required for your test, please contact your local Dorevitch Pathology Collection Centre.

Equipment:

- 1 brown topped container
- 1 plastic bag
- 1 wooden spatula
- Instruction leaflet

Steps:

1. Label container with full name, date of birth, time and date of collection.
2. Using the spatula provided, place a small amount of faeces (about the size of a 10 cent coin) into the container.
3. Replace top, seal container in plastic bag and place into a suitable plastic container, e.g. recycled ice-cream or margarine container, which has water in it. Place container (with specimen in it) in freezer and freeze.
4. Keep frozen until delivery to the collection centre can be arranged.

Find a collection centre

For a full listing of our collection centres and operating hours, or to find another centre close by, please scan the QR code with your smart phone.

