

# Male Urine Collection

## Random (Mid Stream)

Your doctor has requested a urine sample for examination.

This test is very important to assess your health and will only give useful results if collected properly. Normal body secretions may alter the results, so it is necessary to clean the area where urine is passed thoroughly. Please follow these guidelines.

Do not hesitate to ask for assistance.

Please complete the relevant patient information on the specimen container label and return containers to the collection centre promptly.

### Collection Instructions:

- Wash hands
- Expose penis and gently retract foreskin (if present) to its limit. (In young uncircumcised boys the foreskin is attached to the glans penis by firm adhesions. If the foreskin is retracted too vigorously then these adhesions will be ruptured and bleeding will occur)
- Wash the glans penis with a towelette, repeating this cleansing procedure with a second towelette
- Pass a small amount of urine into the toilet
- Then pass urine into the jar provided, holding the jar by the outside. Do not allow the skin of your fingers to touch the inside of the jar or the lid. If you drop the jar on the floor, please ask for another
- Screw down the lid on the jar **FIRMLY**.

### Find a collection centre

For a full listing of our collection centres and operating hours, or to find another centre close by, please scan the QR code with your smart phone.

