

Your Doctor has asked for the following test(s) to be performed.

Instructions:

- **The preferred time** of collection is **in the morning** prior to eating, drinking and smoking.
- Sputum from lungs is required. Saliva (e.g. spit) from the mouth or throat is **NOT suitable for testing**.
- If 3 specimens are required, specimens must be collected and delivered to the Collection Centre on each day of collection.

Materials we supply:

- White Top Container (1 or 3 as instructed)
- Specimen Bag per sample

Procedure:

1. Label **container number 1**, (2 & 3 if required) with your full name, date of birth, date and time of collection, and test name.
2. Rinse your mouth with water. For patients with dentures, please remove the dentures first.
3. A deep cough is needed to produce sputum sample directly into the container.
4. Place the lid on the container and tighten the lid firmly to prevent leakage. Avoid cross threading the lid.
5. Specimen **MUST** be delivered to the Collection Centre on day of collection. If there is a delay specimen should be refrigerated.
6. **If 3 specimens are required, please repeat steps 1-5** for the collection of samples 2 and 3. Ensure containers are marked 2 & 3 respectively on the lids.
7. Please wash your hands after this procedure.