

# Urine Cytology

**No special dietary restrictions apply.**

**Equipment:**

3 x 120ml Urine Jars

**Collection:**

1. Collect mid morning sample on 3 consecutive days.
2. The first early morning sample is not suitable.
3. Ensure all of the following details are completed on each jar-
  - Surname
  - Given name
  - Date of birth
  - Time and date of collection
  - Number the samples 1, 2 and 3
4. Each specimen should be delivered as soon as possible on the day of collection. If there is a delay in delivery, please refrigerate.

## Find a collection centre

For a full listing of our collection centres and operating hours, or to find another centre close by, please scan the QR code with your smart phone.

