

# Urea Breath Test

**Your doctor has requested a Urea Breath test. This test involves the collection and analysis of exhaled air. This test is only performed at selected collection centres.**

**Please phone your nearest Western Diagnostic Pathology Pathology collection centre to arrange an appointment.**

- You should fast (no food or liquids including water) for a minimum of six hours before the test
- The test can be performed at any time of the day, and will take approximately 10 - 15 minutes
- You will be required to swallow a capsule containing urea (carbon 14) on commencement of the test
- At the conclusion of the test you will be asked to blow into a special breathe collection balloon which is sent to the laboratory for analysis
- No restrictions to physical activity before or during the test
- No smoking or eating during the test

**This test should not be performed on people under the age of 16, or pregnant or lactating women (please speak with your medical practitioner).**

## Medication restrictions include:

- No antibiotics for four weeks prior to test
- No Losec, Zoton, or Somac for one week prior to test
- No Cytoprotectives (sucralfate) for two weeks prior to test

For a full list of medication restrictions, please see our collection staff

Your doctor must be notified prior to temporarily stopping any medications.

## Find a collection centre

For a full listing of our collection centres and operating hours, or to find another centre close by, please scan the QR code with your smart phone.

