

# Overnight 1mg Dexamethasone Suppression Test

You will need to make an appointment for this test. This test involves having baseline blood sample taken in first morning, taking 1mg of Dexamethasone tablets at night, and then having a second blood sample collected the next morning. **Note: If you have any significant allergies, especially to steroids, please consult with your doctor before returning for the test.**

## YOUR APPOINTMENT FOR DEXAMETHASONE SUPPRESSION TEST

**DAY 1** Appointment on: \_\_\_/\_\_\_/\_\_\_ 8am-9am

- No preparation or fasting required.
- A blood sample will be collected between 8am and 9am
- 1mg of Dexamethasone is supplied by QML Pathology. This is packaged as two 0.5 mg tablets. Please take the two tablets at 11pm on day one.

**DAY 2** Appointment on: \_\_\_/\_\_\_/\_\_\_ 8am-9am

- Return to the Collection Centre between 8am and 9am to have a second blood sample collected.
- This completes the test.

Dexamethasone \_\_\_\_\_ mg taken on: \_\_\_/\_\_\_/\_\_\_ at \_\_\_\_\_ hours.

Patient Name/Signature:



**Staff and patients need to work and be cared for in a safe environment. Violence and verbal abuse will not be tolerated.**

**FOR COLLECTION CENTRES & OPENING HRS, VISIT QML.COM.AU**