INR Record Sheet

Some patients require very refined warfarin dose patterns. It is important to write down your particular dose instructions and the date of your next blood test.

DOSAGE RECORD

INR Target Range

DATE	Mon	Tue	Wed	Thu	Fri	Sat	Sun	NEXT APPOINTMENT	INR

continued overleaf >>

Warfarin Dosage Examples Some examples of dosage instructions are as follows:

Dosage Instruction: 'Alternate the dose' 3mg with **3.5mg**

20/01/06	3mg	**3.5mg**	3mg	**3.5mg**	3mg	**3.5mg**	3mg	27/01/06	2.5

Dosage Instruction: Monday to Friday take 6mg, Saturday and Sunday take **6.5mg**

20/01/06	6mg	6mg	6mg	6mg	6mg	**6.5mg**	**6.5mg**	27/01/06	2.5

Dosage Instruction: Wednesday and Saturday take 6mg, every other day take **7mg**

20/01/06	7mg	7mg	**6mg**	7mg	7mg	**6mg**	7mg	27/01/06	2.5

Dosage Instruction: Monday to Saturday take 4mg, Sunday take **4.5mg**

20/01/06	4mg	4mg	4mg	4mg	4mg	4mg	**4.5mg**	27/01/06	2.5

Dosage Instruction: Monday, Wednesday, Saturday take 1mg, every other day take **1.5mg**

20/01/06	1mg	**1.5mg**	1mg	**1.5mg**	**1.5mg**	1mg	**1.5mg**	27/01/06	2.5

* The dosage is given in milligrams (mg), i.e. the strength of the tablet. Please check the strength of the tablet with the strength written on the bottle.

If you are unsure of your dosage instructions please contact your doctor.

EXAMPLE

DOSAGE RECORD

INR Target Range

DATE	Mon	Tue	Wed	Thu	Fri	Sat	Sun	NEXT APPOINTMENT	INR

Healius Pathology Pty Ltd (ABN 84 007 190 043) t/a QML Pathology PUB/MR/796_V3_Nov23